



Independence Central Office

Scheduled Menu Plans

1050 Truman High School

Serving Period: Snack
Date: 1/6/2020
Base Menu Plan: 4,894 HS 19-20 SNACK W1D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 0

Stock Number	Description	Serving Size	Measure	Projected Quantity
1461	PRETZELS HEARTS	1	BAG (1)	100
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				16.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	120.0001	kcal	Carbohydrate
				22.0001 g

Serving Period: Snack
Date: 1/7/2020
Base Menu Plan: 4,895 HS 19-20 SNACK W1D2
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 0

Stock Number	Description	Serving Size	Measure	Projected Quantity
2215	CRISPS CINNAMON	1	PKG (1)	100
	Nutrient	Value	Units	Nutrient
	Food Energy	150.0000	kcal	Carbohydrate
				25.0000 g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				7.0000 g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				11.0000 g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	Nutrient
	Food Energy	129.9999	kcal	Carbohydrate
				23.0000 g

Trans Fat is displayed for informational purposes only, not for monitoring.

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/8/2020 **Feeding Figure:** 100
Base Menu Plan: 4,896 HS 19-20 SNACK W1D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		140.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/9/2020 **Feeding Figure:** 0
Base Menu Plan: 4,897 HS 19-20 SNACK W1D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		120.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		21.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

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Independence Central Office

Scheduled Menu Plans

2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/10/2020 **Feeding Figure:** 0
Base Menu Plan: 4,898 HS 19-20 SNACK W1D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/13/2020 **Feeding Figure:** 100
Base Menu Plan: 4,899 HS 19-20 SNACK W2D1
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	346.1538	kcal	
Nutrient		Value	Units	
	Carbohydrate	65.3847	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	

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Independence Central Office

Scheduled Menu Plans

1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/14/2020 **Feeding Figure:** 100
Base Menu Plan: 4,900 HS 19-20 SNACK W2D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/15/2020 **Feeding Figure:** 100
Base Menu Plan: 4,901 HS 19-20 SNACK W2D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1223	CARROT BABY 20 LBS	1	3/4 CUP	100
	Nutrient	Value	Units	
	Food Energy	43.7500	kcal	
	Nutrient	Value	Units	
	Carbohydrate	10.0000	g	

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Independence Central Office

Scheduled Menu Plans

7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/16/2020 **Feeding Figure:** 100
Base Menu Plan: 4,902 HS 19-20 SNACK W2D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	19.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/17/2020 **Feeding Figure:** 100
Base Menu Plan: 4,903 HS 19-20 SNACK W2D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

1922	SUNFLOWER SEED KERN	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	170.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/21/2020 **Feeding Figure:** 100
Base Menu Plan: 4,905 HS 19-20 SNACK W3D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	100
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
	Nutrient	Value	Units	
	Food Energy	200.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
	Nutrient	Value	Units	
	Food Energy	129.9999	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
	Nutrient	Value	Units	
	Food Energy	120.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/22/2020 **Feeding Figure:** 100
Base Menu Plan: 4,906 HS 19-20 SNACK W3D3
Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1461	PRETZELS HEARTS	1	BAG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	16.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 9-12

Date: 1/23/2020

Feeding Figure: 100

Base Menu Plan: 4,907 HS 19-20 SNACK W3D4

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2106	APPLE SLICES 100/2 OZ	2	PKG	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	14.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 1/24/2020
Base Menu Plan: 4,908 HS 19-20 SNACK W3D5
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1446	CHEX SIMPLY STRAW WG	1	BAG (1)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	23.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0001	kcal	Carbohydrate	22.0001	g

Serving Period: Snack
Date: 1/27/2020
Base Menu Plan: 4,909 HS 19-20 SNACK W4D1
Menu Comments:

Serving Line: MAIN

Age Group: Grades 9-12
Feeding Figure: 100

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1860	GRANOLA BAR SMORE	1	PKG (.84 OZ)	100		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	19.0000	g
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	200.0000	kcal	Carbohydrate	7.0000	g
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	100.0000	kcal	Carbohydrate	11.0000	g
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	129.9999	kcal	Carbohydrate	23.0000	g

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Independence Central Office

Scheduled Menu Plans

2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/28/2020 **Feeding Figure:** 100
Base Menu Plan: 4,910 HS 19-20 SNACK W4D2
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1922	SUNFLOWER SEED KERN	1	PKG (1)	100
Nutrient		Value	Units	
Food Energy		170.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		6.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
Food Energy		129.9999	kcal	
Nutrient		Value	Units	
Carbohydrate		23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/29/2020 **Feeding Figure:** 100
Base Menu Plan: 4,911 HS 19-20 SNACK W4D3
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1223	CARROT BABY 20 LBS	1	3/4 CUP	100
Nutrient		Value	Units	
Food Energy		43.7500	kcal	
Nutrient		Value	Units	
Carbohydrate		10.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
Food Energy		200.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
Food Energy		100.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		11.0000	g	

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2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/30/2020 **Feeding Figure:** 100
Base Menu Plan: 4,912 HS 19-20 SNACK W4D4
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	346.1538	kcal	
Nutrient		Value	Units	
	Carbohydrate	65.3847	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	100.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	11.0000	g	
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	50
Nutrient		Value	Units	
	Food Energy	129.9999	kcal	
Nutrient		Value	Units	
	Carbohydrate	23.0000	g	
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	25
Nutrient		Value	Units	
	Food Energy	120.0001	kcal	
Nutrient		Value	Units	
	Carbohydrate	22.0001	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades 9-12
Date: 1/31/2020 **Feeding Figure:** 100
Base Menu Plan: 4,913 HS 19-20 SNACK W4D5
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1911	CHEETO PUFF	1	PKG (1)	100
Nutrient		Value	Units	
	Food Energy	90.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	13.0000	g	
7150	PEANUT BUTTER IND PORTION	1	PKG (1)	50
Nutrient		Value	Units	
	Food Energy	200.0000	kcal	
Nutrient		Value	Units	
	Carbohydrate	7.0000	g	

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

Item ID	Item Description	Quantity	Unit	Calories	Carbohydrate (g)
1027	MILK 1% WHITE LF CARTON 8 OZ	1	CARTON (1)	100.0000	11.0000
	Nutrient			Value	Units
	Food Energy			100.0000	kcal
2154	MILK CHOC CARTON FF 8 OZ	1	CARTON (1)	129.9999	23.0000
	Nutrient			Value	Units
	Food Energy			129.9999	kcal
2139	MILK STRAW FF CARTON 8 OZ	1	CARTON (1)	120.0001	22.0001
	Nutrient			Value	Units
	Food Energy			120.0001	kcal

Trans Fat is displayed for informational purposes only, not for monitoring.

* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.